

MOTELS:

Meeting Headquarters:
Radisson Inn
 641-792-3333

Holiday Inn Express
 641-792-7722

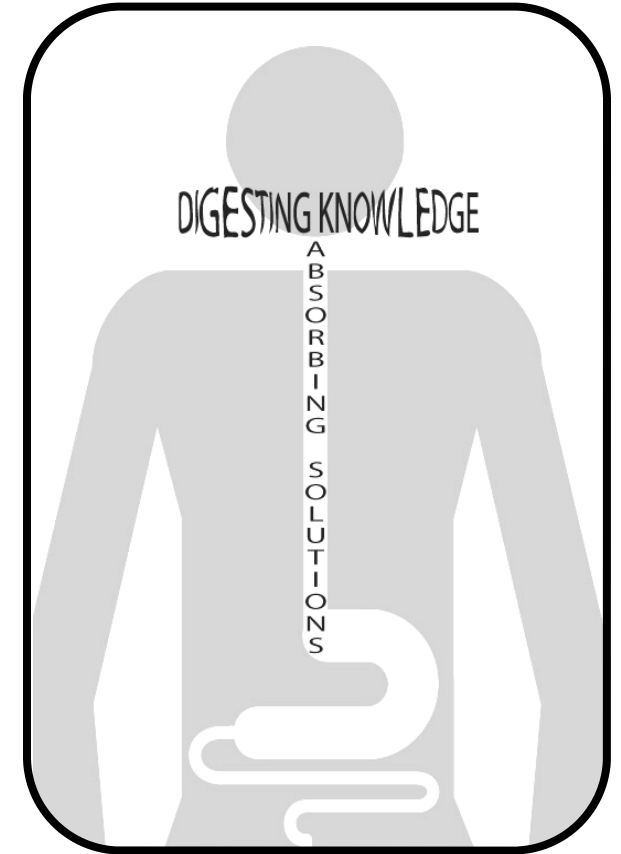
A block is reserved under
 ICD at both motels thru 3/14.

Non-Profit Org.
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 Permit NO. 864

DES MOINES AREA COMMUNITY COLLEGE	
Mail to: Continuing Education, Building 18-55 (CH), 2006 South Ankeny Boulevard, Ankeny, Iowa 50021 - Make checks payable to DMACC and mail to the above address	
Social Security Number _____	
Name _____	
Last	First Middle Initial
Home Address _____	
City _____ State _____ Zip code _____	
Residential Phone _____ Business Phone _____	
Ethnic Info: <input type="checkbox"/> White Non-Hispanic <input type="checkbox"/> Am. Indian/Alaskan Nat. <input type="checkbox"/> Hispanic <input type="checkbox"/> Black Non-Hispanic <input type="checkbox"/> Asian/Pacific Islander <input type="checkbox"/> Other/Unknown	
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female Birth date ____/____/____	
Resident of Iowa <input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="checkbox"/> ICD Member (24409).....\$60 <input type="checkbox"/> Non-Member Dietitian, FSS, CDM, other (24411).....\$75 <input type="checkbox"/> ICD Member Late Fee - postmarked after 3/17 (24413).....\$75 <input type="checkbox"/> Non-Member Late Fee - postmarked after 3/17 (24414).....\$95 <input type="checkbox"/> Student (24412).....\$30	
Check if: <input type="checkbox"/> Dietitian <input type="checkbox"/> Dietary Manager <input type="checkbox"/> Food Service Supervisor <input type="checkbox"/> Nursing Home Administrator <input type="checkbox"/> Other	
If charging your tuition and fees, complete the following: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> Discover	
Card Number _____ Exp. Date _____	
Signature: _____	
Office Use Only — By _____	
Amount \$ _____ Check No. _____ Cash _____	

DMACC
 DES MOINES AREA
 COMMUNITY COLLEGE
 Continuing Education
 2006 South Ankeny Boulevard
 Ankeny IA 50021-3993

**Iowa Consulting Dietitians in
 Health Care Facilities Annual Meeting**



**“DIGESTING KNOWLEDGE,
 ABSORBING SOLUTIONS”**

**March 29, 2004
 7:00 a.m. - 4:15 p.m.
 DMACC Newton Conference Center
 Newton, Iowa**



DIGESTING KNOWLEDGE, ABSORBING SOLUTIONS

PROGRAM DESCRIPTION:

Join the Iowa Consulting Dietitians and Dietary Managers for a trip down the alimentary canal! The meeting will begin with a look at gastrointestinal function and how this changes with aging, presented by Dr. Yogesh Shah. The nutritional management of digestive disease and use of functional foods to aid digestion will be reviewed by Nancy Kraft, RD, LD. In the afternoon sessions MaryBeth Gross, RPh will discuss pharmacological interventions in digestive disease and the impact of pertinent medications on dietary nutrients. Wrapping up the afternoon will be the State Surveyors, Dorothy Riddle, RD, LD and Judith Walrod, RD, LD as they update us on the survey process.

Upon completion of this conference,

OBJECTIVES:

the participants will be able to:

1. Understand gastrointestinal physiology.
2. Identify common gastrointestinal problems in the elderly
3. Identify nutritional impact of digestive disease in the elderly.
4. Discuss the aging gut and nutrient utilization.
5. Use recommended nutrition therapy for selected digestive diseases.
6. Identify functional foods to promote digestions.
7. Discuss the impact of medications on dietary nutrients.
8. Review the common adverse effects from the classes of medications discussed.
9. Review appropriate administration information as it applies to the agents.
10. Identify changes within state and federal government regarding nutrition.
11. Discuss questions related to regulatory issues from the nutrition portion of the survey process.

Breakouts for CDMs

12. Understand proper cleaning procedures for all areas of the kitchen.
13. Understand the proper use of chemicals.
14. Understand Right to Know and MSDS.

**Sponsors: ConAgra Foods,
Novartis Nutrition and U.S. Chemicals**

ABOUT THE PRESENTERS:

Dr. Yogesh Shah - Board Certified and Mayo Clinic trained Geriatrician, and Associate Program Director for the Mercy Mayo Family Practice Residency. Dr. Shah is Commissioner for Iowa's Governor's Commission on Aging, Board Member of Mid Iowa Alzheimer's Association, Board Member of the Geriatric Education Center, Des Moines University and Medical Director of Integrative Medicine for Mercy Hospital.

Nancy Kraft, RD, LD - Outpatient Clinical Dietitian, Dept. of Food & Nutrition Services, The University of Iowa Health Care. Nancy is also an instructor for dietetic intern classes, clinical instructor for dietetic intern area rotation, Fructose Intolerance Support Group coordinator, co-editor of Fruct-aid newsletter and a consulting dietitian.

MaryBeth Gross, RPh - Manager, Clinical Pharmacy Services, Pharmacy Dept., Mercy Medical Center, Des Moines; Associate Clinical Professor of Pharmacy in Geriatric Pharmacy, College of Pharmacy & Health Sciences, Drake University, Des Moines.

Judith Walrod, RD, LD - Health Facilities Surveyor with the Department of Inspections and Appeals - Des Moines, Iowa.

Dorothy Riddle, RD, LD - Health Facilities Surveyor with the Department of Inspections and Appeals - Des Moines, IA.

Todd Hall - Account Manager for U.S. Chemicals, St. Charles, Illinois.

PROGRAM SCHEDULE:

Breakfast.....	7:00-8:00 a.m.
Welcome- Julie Halfpop, ICD Chair.....	8:00-8:05 a.m.
Digestive Disease in the Elderly , Dr. Yogesh Shah, Mercy Mayo Family Medical Center.....	8:05-9:30 a.m.
Break/Exhibits.....	9:30-10:00 a.m.
As the Gut Moves- Nutrition Therapy in Digestive Disease , Nancy Kraft, RD,LD U of Iowa.....	10:00-11:30 a.m.
Divided Lunch/Exhibits/ICD Business Meeting (Dietary Managers 11:30-12:15) (RDs 12:15-1:00).....	11:30 a.m. -1:00 p.m.
Pharmacological Interventions in Digestive Disease , MaryBeth Gross, RPh, Mercy Mayo Family Medical Center.....	1:00-2:30 p.m.
Kitchen Sanitation - Cleaning Procedures Update (Room 210) Todd Hall, US Chemicals.....	1:00-2:30 p.m.
Break/snacks.....	2:30-2:45 p.m.
What's New at the Division of Inspections , State Surveyors Dorothy Riddle, RD,LD & Judith Walrod, RD,LD.....	2:45-4:15 p.m.

REGISTRATION INFORMATION:

- **Mail:** Mail the registration form, with your payment enclosed, to: Continuing Education, Building 18, room 55 (CH), 2006 S Ankeny Blvd., Ankeny, Iowa 50021. Make checks payable to DMACC for the appropriate registration fee.
 - **Fax:** 515-964-6665 (Must include credit card information)
 - **Refund:** If you wish to cancel your registration, please notify DMACC Continuing Education by March 13. Call Cindy at 515-964-6686 or 1-800-362-2127, extension 6686.
 - **For Information or Special Accommodations:** If you have questions, require special accommodations, or dietary needs, contact Lois Kiester at 515-964-6685 or 1-800-362-2127, extension 6685 or e-mail: lmkiester@dmacc.org
 - **Continuing Education Units:** Continuing Education Units (CEUs) will be earned by everyone in attendance. The CEU is a nationally recognized measurement earned for participating in qualified non-credit programs. One unit is awarded for each 10 hours of class participation.
 - **Professional CEUs:** 7 hours are approved for Registered and Licensed Dietitians (Provider #12), Nursing Home Administrators (IBN Provider No. AP90-6), Food Service Supervisors, Diet Techs and 6.5 Hours for Certified Dietary Managers.
 - **Registration Deadline:** March 17, 2004
 - **Fees:**
 - \$60 ICD Member Dietitian
 - \$75 Non ICD Member Dietitian (this will include a free year's membership if you stop at the ICD Booth at the meeting.
 - \$75 FSS/CDM/Other
 - \$75 Member late fee if registration is postmarked after March 17 or on-site registration*
 - \$95 Non member late fee after March 17 or on-site*
 - \$30 Student Registration
- * On-site registration is not guaranteed a meal