

DES MOINES AREA COMMUNITY COLLEGE

Mail to: Continuing Education, Building 19-02 (DZ), 2006 South Ankeny Boulevard, Ankeny, Iowa 50023 - Make checks payable to DMACC and mail to the above address

Social Security Number _____

Name _____

Last First Middle Initial

Home Address _____

City _____ State _____ Zip code _____

Residential Phone _____ Business Phone _____

Ethnic Info: White Non-Hispanic Am. Indian/Alaskan Nat. Hispanic
 Black Non-Hispanic Asian/Pacific Islander Other/Unknown

Sex: Male Female Birth date ____/____/____

Resident of Iowa Yes No

- ICD Member (24921)\$70
- ICD Member Late Fee - postmarked after 4/17 (24923).....\$85
- Non-Member Dietitian, FSS, CDM, other (24922).....\$95
- Non-Member Late Fee - postmarked after 4/17 (24924).....\$110
- Student (24925).....\$35

Check if: Dietitian Dietary Manager Food Service Supervisor
 Nursing Home Administrator Other

If charging your tuition and fees, complete the following:

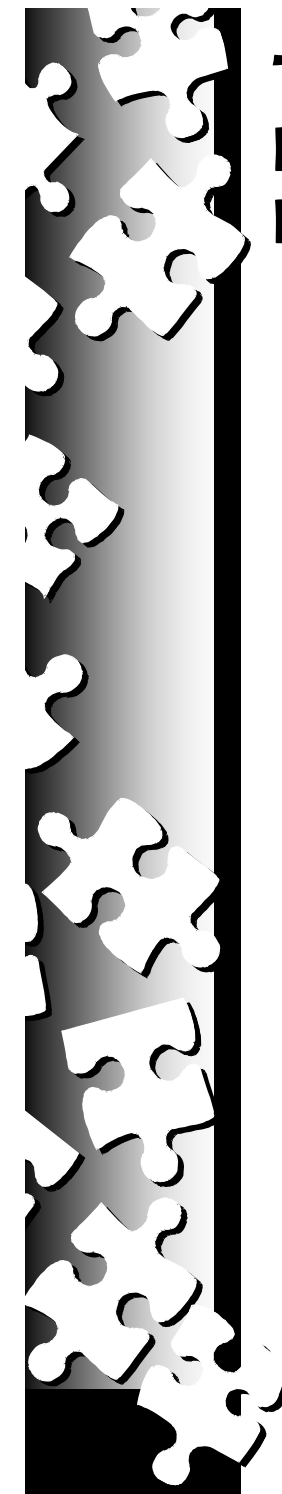
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Des Moines Area Community College
 2006 South Ankeny Boulevard
 Ankeny, IA 50023-8995

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THE NUTRITION PUZZLE: PUTTING THE PIECES TOGETHER

Iowa Consulting Dietitians in Health Care Facilities

Program begins at 8:00 a.m.
Monday, May 1, 2006
 At the
Sheraton Hotel
 (Formerly University Park Holiday Inn)
West Des Moines, Iowa

SPONSORED BY
 Iowa Consultant Dietitians
 in Healthcare Facilities &



PROGRAM DESCRIPTION



"The Nutrition Puzzle: Putting the Pieces Together" is the focus of the annual meeting of the Iowa Consulting Dietitians in Health Care Facilities for 2006. There are so many components to nutrition and its role with disease states, well-being, and optimal foodservice operation that the focus of this meeting will be on how we can put all of our information together to form a clear picture. We will start the day off learning how to handle stress in the work place and how to create a calmer inner self. We will explore first hand how to educate our staff on food safety and sanitation principals. A detailed discussion of Alzheimer's will lead us into a clinical piece of the puzzle. Our presenters will review the symptoms, diagnosis, and progression of the disease. After basic understanding, we will then go into a more focused discussion of the pharmacological interventions used for the disease and how nutrition can play a role with providing the patient the best outcome as possible. As a compliment to our meeting last year, we will take the end of life nutrition a step further and learn about how the human body responds biochemically and physiologically to death. Last but not least, we will have an update from the Department of Inspections and Appeals on rules and regulations that govern our work place.

OBJECTIVES



Upon completion of this conference the participants will be able to:

- Identify factors that impact stress in the workplace.
- Identify four physiologic changes in the geriatric individual.
- Discuss changes in drug disposition in the body.
- List three recommendations to improve the safety of drug therapy in the geriatric individual.
- Describe how medications for the treatment of Alzheimer's dementia improve symptoms.
- Identify medications that are considered safe for the treatment of dementia associated depression.
- Discuss nutrition/medication interaction.
- Discuss the need for adequate hydration at end of life.
- Discuss the need for adequate nutrition at end of life.
- Identify the following food safety procedures through the interactive stations: thermometer calibration, glove usage, egg cookery, pot & pan washing & sanitizing procedures, hand washing & hand sanitizers, sanitation check of a kitchen.
- Identify methods used in the current survey process.

SPEAKERS



Zaneta M. Pronsky, MS, RD, LDN, FADA and Sister Jeanne Patricia Crowe, Pharm D, RPh

authors of Food-Medication Interactions. Their presentation will be focusing on Alzheimer's disease and medication interactions specifically focused on this illness.

Laurie Kimball, RN author of The Depression Tool Kit: Practical Ways to Get Through the Day. She will be presenting on work and stress management.

JoEllen Arends, RN is the patient care coordinator with Hospice of North Iowa. She will present in depth information on food and fluid issues related to the end of life.

Julie Halfpop RD LD & Beth Samuelson RD LD will be presenting a skills fair educating us on how we can better educate our staff.

Judith Walrod, RD LD, A conference can not be complete without the knowledge and helpful hints from a state inspector.

AGENDA



- 7:00 – 8:00** Registration, Breakfast, Vendors
- 8:00-8:15** Welcome, **Char Kooima, RD, LD, CDE**
- 8:15-9:15** Stress in the work place, **Laurie Kimball, RN**
- 9:15-10:15** Food/Drug Interaction with Alzheimer's Disease Part 1
Zaneta M Pronsky, MS RD LDN, FADA & Sister Jaenne Patricia Crowe, PharmD, RPh
- 10:15-11:15** Break/Vendors
- 11:15-12:15** Alzheimer's Disease Part 2
- 12:15-1:30** Lunch/Business Meeting
- 1:30-2:30** Breakout Sessions
A) Hydration & Nutrition With End of Life, **JoEllen Arends, RN**
B) Skills Fair, **Julie Halfpop, RD LD & Beth Samuelson, RD LD**
- 2:30-2:45** Break
- 2:45-3:45** State Survey Update, **Judith Walrod, RD LD**
- 3:45-4:00** Wrap-up

REGISTRATION



payable to DMACC. Mail to:
DMACC, Continuing Education
Bldg. 19-Rm 2 (DZ)
2006 S Ankeny Blvd., Ankeny, IA 50023

FAX: 515-965-7061 (must include credit card info)

Refund: If you wish to cancel your registration, please notify DMACC Continuing Education before April 24, 2006 by calling 515-965-6024 or 1-800-362-2127 ext 6024, or email Lois Kiester at lmkiester@dmacc.edu

Continuing Education: CEU's will be earned by completion of the program.

Professional CEU's: 6 hours have been approved for Registered Dietitians/Diet Techs, Licensed Dietitians and Nursing Home Administrators. 5.75 hours have been requested for CDMs and Food Service Supervisors

REGISTRATION DEADLINE: APRIL 17, 2006

Fees:

ICD Member Dietitian.....	\$70
Non Member Dietitian	\$85
ICD Member Late Fee or on site registration.....	\$95
Non Member Late Fee or on site registration.....	\$110
Student.....	\$35

LOCATION



Sheraton of West Des Moines
(formerly University Park Holiday Inn)
1800 50th Street, West Des Moines, IA 50265
1-515-223-1800

A map is located on the back of this brochure.

Lodging: A block of rooms are being held until April 9, 2005 at the rate of \$86 per room. Please mention Iowa Consulting Dietitians for the group rate. To reserve rooms online, go to www.starwoodmeeting.com/Book/dieticians