



TO: Physicians and staff

DATE: September 2003

We wanted to take this opportunity to introduce our association in this second of a series of physician office packets. The Iowa Dietetics Association wants to provide your office with useful knowledge, patient information, and resources related to current nutrition issues.

This packet overviews the nutrition aspects of kidney disease management. It is estimated that 10-40% of adult onset diabetics and 30% of juvenile onset diabetics will eventually have kidney disease. As the disease continues to affect people – especially children – dietitians can assist in the management and reduction of symptoms.

Enclosed in this packet are:

1. A reproducible handout for your patients.
2. A clinical signs and symptoms chart to post.
3. An informational piece on kidney disease for staff.
4. Post It Notes with Iowa Dietetic Association contact information.
5. An evaluation card to give us feedback.

For you patients that qualify – registered dietitians, as of January 1, 2002, are participants in the Medicare program as providers of medical nutrition therapy for diabetes and non-dialysis kidney disease and are eligible for reimbursement.

The association represents 800 licensed, registered dietitians within Iowa with the capabilities of:

- providing patient assessments, nutrition and lifestyle evaluations
- offering therapeutic nutrition counseling
- designing patient, staff, or research programs and seminars
- extending health services beyond the office

As an association we assist in these efforts by:

- offering a dietitian locating service – we match your needs with a qualified RD
- providing staff and patient education resources
- offering patient rewards that provide a healthy message (i.e. tattoos for children)

The association tag line, "*your link to nutrition and health*", truly describes our mission, purpose, and abilities. If you currently use the services of a dietitian regularly, we appreciate your whole health approach to medicine. If you are looking for dietitians to assist with patients in your practice, please call the association for information.

Sincerely,

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Marketing CoChairs

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